


April 2026

Senior Recreation Building

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 	1 9am-Wise Wellness 10:30am Chair Yoga 11:30am-3pm Closed Meeting	2 9am- Zumba 10am- Arts & Crafts 12pm- Billards	3 Good Friday Building Closed	4
5	6 11am- Movie Matinee 12pm- Billards	7 9am- Tai-Chi 10am- Arts & Crafts 11am- Bingo	8 9am-Wise Wellness 10:30am- Chair Yoga Class	9 9am- Zumba 10am- Arts & Crafts 12pm- Billards	10 11am- Bingo	11
12	13 11am- Movie Matinee 12pm- Billards	14 9am- Tai-Chi 10am-NJPAC Wellness Fair 10am- Arts & Crafts 11am- Bingo	15 10:30am- Chair Yoga Class 11am Concert-Sacred Heart Series	16 Election Day Building Closed	17 11am- Bingo	18
19	20 11am- Lunch & Learn Understanding Adult Bullying 12pm- Billards	21 9am- Tai-Chi 9am- Senior Expo 10am- Arts & Crafts 11am- Bingo	22 10:30am- Chair Yoga 11am Concert-Sacred Heart Series	23 9am- Zumba 10am- Arts & Crafts 12pm- Billards	24 11am- Bingo	25
26	27 11am- Movie Matinee 12pm- Billards	28 9am- Tai-Chi 9:30- BHS Cosmetology** 10am- Arts & Crafts 11am- Bingo	29 10:30am- Chair Yoga Class 11am- Concert-Sacred Heart Series	30 9am- Zumba 10am- Arts & Crafts 12pm- Billards		

Join us any weekday 8am-4pm

For Info: Call 973-450-3430